

Prevent Corona Virus, Prof. dr. Faisal Yunus, Phd, Sp.P(K), FCCP, FISR Gives Public Lecture

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HumasUPNVJ - The Novel Corona virus outbreak from China or named 2019-nCoV is worrying many parties lately. The virus, which was recorded for the first time in Wuhan, China, is now reported to have spread to various countries.

To understand and anticipate the virus, the Faculty of Medicine, UPN Veterans Jakarta, held a public lecture with Prof. dr. Faisal Yunus, Phd, Sp.P(K), FCCP, FISR who is a Lung Disease Specialist and General Chair of the Indonesian Lung Doctors Association (PDPI) and Chair of the Indonesian Asthma Council (DAI). The public lecture with the theme " *Coronavirus: Lessons and Challenges* " was held at the Wahidin FK UPNVJ Auditorium, on Tuesday (04/02/20).

As is known, the Corona virus is a new virus that causes respiratory diseases. This virus is in the same family as the viruses that cause SARS and MERS. Clinical symptoms caused by Corona virus infection include fever, coughing, respiratory problems, sore throat, fatigue and lethargy.



In front of 150 UPNVJ Faculty of Medicine students, Prof. dr. Final Yunus conveyed that Coronavirus or what is known as Pneumonia Coronavirus 2019-Ncov is a virus that attacks the respiratory tract. Pneumonia is an inflammation of the lungs caused by microorganisms such as bacteria, viruses, fungi, parasites. Pneumonia can affect anyone: children, adolescents, young adults and the elderly, mostly toddlers and the elderly.

He also explained how the impact of the corona virus that occurred in Wuhan, China. Where thousands of residents tested positive for the virus, including medical workers.

Prof. dr. Faisal Yunus revealed that the coronavirus was similar to the SARS Corona Virus in bats, which was further investigated by snakes eating bats and snakes being sold freely in Wuhan. Snakes are suspected as the source of the cause of the 2019 nCoV Corona Virus Pneumonia. The mode of transmission can be through droplets from sneezing and coughing, direct contact, indirect contact; eg contaminated equipment, Transmitted between humans, Faecal contamination, May be transmitted via the gastrointestinal tract.

Clinical symptoms that can be seen are coughing, belesma, sore throat, fever, headache, shortness of breath. As a prevention, it is expected that all students do the following as recommended by the Ministry of Health of the Republic of Indonesia: Frequently wash hands with soap, Use a mask if you have a cough or runny nose, Consume balanced nutrition, multiply vegetables, Be careful in contact with animals, Exercise diligently and get enough rest, Do not consume uncooked meat. Maintain the cleanliness of the campus environment including the room. If you experience health problems such as fever, cough, runny nose, and shortness of breath, immediately go to the nearest health facility.

The following hospitals in Jakarta are recommended as a reference for Prof. dr. Final Yunus included PI Sulianti Saroso Hospital, Friendship Hospital, Gatot Subroto Army Hospital.



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