

# The Real Contribution of UPNVJ Alumni in the 2021 Vaccination Center: Don't Be Afraid of Vaccines! Ensure Healthy Body Condition

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**HumasUPNVJ** - dr. Rachmayasti, an Alumni class of 2010 from the Faculty of Medicine at the Jakarta Veterans National Development University (UPNVJ) participated in the UPNVJ vaccination which was held on Saturday, July 31 2021, at Campus 1, Pondok Labu.

The UPNVJ public relations team had the opportunity to conduct an interview directly with dr. Rachmayasti regarding his involvement in the vaccination center at UPNVJ, "I really want to be involved in this process because apart from UPNVJ being my beloved alma mater, I also want to contribute directly to solving this never-ending pandemic and as one of my endeavors is also to support the government. We, as the health team, have also prepared ourselves a lot including preparing to be physically strong, in this case we have also carried out vaccinations up to the second dose stage and apart from that we have to prepare broad health insights," he said.

As we know, in the surrounding community there are still many who are afraid to vaccinate, especially for children under 18 years of age. dr. Rachmayasti in his interview also explained the things that underlie the differences in vaccinations for the general public and children under 18 years old, "The underlying difference between vaccinations for the elderly, adults and children under 18 years is only physical

conditions and also congenital diseases of each. person. Therefore, before vaccinating patients, there must be a fairly strict *screening* from the vaccinating team. So those who may be vaccinated are patients whose physical condition is really healthy or in a fit condition, "explained dr. Rachmayasti.

"At the moment there are too many *hoax* news that are not true in fact circulating in the community, so that many people are still afraid to vaccinate," he said at the end of the interview.

Representing the UPNVJ health team, dr. Rachmayasti hopes that people will no longer be afraid to vaccinate.



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