

# Prospective 2021: Emotional Intelligence, IQ, EQ and SQ

Monday, 18 October 2021 00:00 WIB



**HumasUPNVJ** - Human success can be determined from various factors, one of which is emotional intelligence. Emotional intelligence is the ability to recognize and manage emotions or feelings, both oneself and others. Like intellectual intelligence, emotional intelligence can be grown, trained and developed continuously as long as humans live. For students, having emotional intelligence is very useful for building personal relationships and careers in the future. Based on this, the 2021 Stimulus, Learning, Ethics, Collaboration and Creativity (Prospektiv) Program this time raises themes related to Emotional Intelligence, IQ, EQ and SQ.

The event which was held on Saturday, 18/9/21 was opened by drg. Nunuk Nugrohowati, MS as Deputy Dean III of the UPNVJ Faculty of Medicine. In his speech, Nunuk expressed his gratitude and hope. "We thank the Chancellor, Vice Chancellor and all parties who have given the Faculty of Medicine the opportunity to host this Prospective with the theme of emotional intelligence, I hope this event can be beneficial for students," he said

Nunuk also added that the essence of this event was for students to be able to accept, evaluate and control their own emotions and those of others around them. "The purpose of this is to increase physical and mental equality because quality emotional intelligence will be taken into account in the student social environment and if students have graduated and are working later," he continued

As a guest speaker in this event was Dr.dr Taufik Pasiak M.Kes, M.Pd I, Dean of the UPNVJ Faculty of Medicine. Taufik said that emotional intelligence is very closely related to one's success. "So academic intelligence does not guarantee success in one's life, emotional intelligence plays a greater role in this, including empathy, fighting power, emotional intelligence, and biophilic intelligence," he explained

"I hope that the knowledge conveyed can be a provision for the lives of fellow students in the future," he added

The importance of emotional intelligence has an impact not only on personal health but also on success in the workplace. Every environment has different people and also different thoughts so it requires intelligence to be able to adapt

This online event is part of the Prospektiv 2021 event which has been going on since September 5.

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