

Winning at the International Event, UPNVJ Fikes Student Wins Bronze Medal at Thailand Investors Day 2023

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HumasUPNVJ – UPN "Veteran" Jakarta students have made another achievement in the international arena. A team of students from the Nutrition Study Program Undergraduate Program of the Faculty of Health Sciences (Fikes) UPNVJ won a *Bronze Medal* in the *Indonesia Inventors Day Event* in the *Food and Culinary category*. (6/2)

Thailand Inventors Day is a competition held by the *National Research Council of Thailand (NRCT)*. This competition was attended by 24 countries and was held *offline* at the *Bangkok International Trade Exhibition Center (BITEC)*. This activity is an event to show international-level student innovation which is attended by 469 innovations from 24 countries and 29 world organizations. This activity was held for five days, starting from 2 February to 6 February 2023.

Fairuz Nur Angarawati, Nastyenka Zaneta Pasaribu, and Azzahra Bonita Nugroho with supervisor Nanang Nasrulloh, STP., M.Sc representing the UPNVJ FIKES. The title of the innovation from this team is *Pumpkin Seed Cookies to Prevent Cardiovascular Disease*.

The UPNVJ Public Relations team conducted a direct interview online with Fairuz who represented the team, Fairuz said that they took part in this activity to learn to implement the knowledge they had acquired on campus, "We took part in this competition to implement the knowledge we had received in lectures, add experience and new knowledge, as well as expanding relationships", he said representing his team

"The preparation that we did was quite long, starting from finding and developing innovative ideas and then turning these ideas into a product, testing the product in the laboratory, and promoting the product in international arenas. In our journey there were many obstacles and obstacles, but we went through all of them with all our heart so that these obstacles and obstacles became a very valuable lesson for the development of our products," he continued

Fairuz and the team also gave messages to other colleagues so that they can continue to be enthusiastic about participating in competitions both at home and abroad, "Our hope is that UPNVJ students who have a talent interest in the field of innovation can have the opportunity to channel this talent interest by participating in activities such as what we do. A message from us to all of you, *if we never try, we never know*, failure is okay, but giving up is not an option," Fairuz concluded to the PR team.



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