

UPNVJ Faculty of Medicine and BPJS Kesehatan Sign Agreement for Community Prolanis Trial

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UPNVJ Public Relations - The Faculty of Medicine of the National Development University "Veteran" Jakarta (FK UPNVJ) signed a Cooperation Agreement (PKS) with the BPJS Kesehatan Regional Deputy IV regarding the trial of the Community Chronic Disease Management Program (Prolanis). The signing of the PKS took place in Jakarta on Thursday, July 9, 2026, as a synergistic step in strengthening promotive and preventive services for the academic community. Through this collaboration, FK UPNVJ was appointed as the locus for the trial implementation of the Community Prolanis involving lecturers, educational staff, and students. This program is aimed at supporting the management of chronic diseases, particularly diabetes mellitus and hypertension, through health education, physical activity, health status monitoring, and ongoing participant mentoring.

The MoU was signed by the Deputy Director of BPJS Kesehatan Deputy Region IV, Dr. Yessi Kumalasari, MPH., AAK., and the Dean of FK UPNVJ, Dr. dr. Taufiq Fredrik Pasiak, M.Kes., M.Pd.I., MH, CIPA. This collaboration is part of the development of Prolanis Komunitas as an innovation of BPJS Kesehatan Deputy Region IV in expanding the community-based health service approach. Prolanis Komunitas is a group chronic disease management activity for participants with chronic diseases, especially diabetes mellitus and hypertension. This program includes health education, physical activity, health status monitoring, and other supporting activities to improve the quality of life of participants effectively and efficiently. Through this MoU, FK UPNVJ and BPJS Kesehatan will build coordination in the implementation of Prolanis Komunitas, utilize the resources owned by both parties, and manage the exchange of information and data required in accordance with applicable regulations. The scope of the collaboration also includes the involvement of lecturers, educational staff, and students in health education activities, health screenings, participant mentoring, research, and community service. For the Faculty of Medicine UPNVJ, this collaboration not only expands the institution's contribution to public health but also serves as a direct learning platform for lecturers and students. The implementation of the Community Prolanis will support the Tri Dharma of Higher Education through the integration of education, research, and community service activities based on real needs within the community.

In its implementation, BPJS Kesehatan Deputy Region IV will provide a data collection format for prospective Prolanis participants, determine the supporting First Level Health Facilities (FKTP), and coordinate with the South Jakarta Branch Office in socialization activities. BPJS Kesehatan will also conduct regular monitoring and evaluation to ensure the program runs according to its objectives. Meanwhile, FK UPNVJ plays a role in providing data and information on prospective participants from lecturers, education staff, and students, facilitating socialization activities, and providing scheduling and meeting rooms for the implementation of health history screening and Community Prolanis activities. FK UPNVJ will also coordinate the involvement of the academic community according to competency, program needs, and applicable regulations.

Medicolegal ethics, participant safety, and personal data confidentiality are key considerations in implementing this collaboration. Both parties agree to safeguard participant data and information in accordance with statutory provisions, including in the process of data collection, screening, mentoring, and program evaluation. This Community Prolanis PKS is valid from July 9, 2026, to December 31, 2026, and can be extended as needed based on the agreement of both parties. During this period, the Faculty of Medicine UPNVJ and BPJS Kesehatan will conduct regular monitoring and evaluation to ensure the program runs effectively, measurably, and provides real benefits to participants. UPNVJ Rector, Prof. Dr. Anter Venus, MA, Comm., views this collaboration as part of the university's commitment to strengthening the contribution of higher education institutions to improving the quality of public health. Through the Faculty of Medicine UPNVJ, the university continues to encourage strategic collaborations that have a direct impact, not only on the academic community, but also on the development of health service models based on education, prevention, and community service.

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